

## Gut Healing Hot Chocolate

### INGREDIENTS

- 2C mild chicken broth
- 4C whole milk
- 1/2 7oz can condensed milk
- 12 oz dark chocolate (I used 4 3oz bars)
- 1tsp cinnamon
- 1/2tsp nutmeg
- 1/2tsp chili powder
- 2 cinnamon sticks

1. Place all contents in a slow cooker and set on low or simmer for 4 hours.
2. Stir every half hour to ensure ingredients are well combined.
3. Serve topped with marshmallows or whipped cream garnished with shaved chocolate