

Butternut Squash Rutabaga Soup

INGREDIENTS

- 5C butternut squash, chopped
- 1 rutabaga, peeled and chopped
- 1 parsnip, chopped
- 1 large leek, stem chopped
- 3 Tablespoons OMGhee
- 1 TSP Himalayan Sea Salt
- 1/2 TSP Black Pepper
- 6 Cups Beef Bone Broth made with 5280Meat Bones
- Parsley
- 1. Heat ghee in dutch oven. Once melted, add veggies and seasoning, mix well.
- 2. Saute until veggies begin to sweat, about 2-3 minutes, stirring occasionally.
- 3. Add bone broth (should be about 2 inches from top of dutch oven) and bring to a boil. Once boiling, reduce to a simmer and cover. Cook for about 20 minutes until veggies soften, stirring occasionally.
- 4. Once veggies soften, allow to cool and blend with an immersion blender (or in a Vitamix) until smooth and creamy.
- 5. Garnish with parsley and black pepper