

## Bacon & Egg Bake

### INGREDIENTS

- 1 package sugar free bacon
- 5-7 farm fresh eggs
- green pepper, chopped
- green onion, chopped
- parsley, chopped
- sea salt
- red pepper flakes

1. Preheat oven to 375°F.
2. Line baking sheet with parchment paper and place bacon strips onto sheet.
3. Bake for roughly 7-10 minutes and remove from oven.
4. Crack farm fresh eggs in between pieces of bacon and place back in oven for another 12-18 minutes or until liking.
5. Remove from oven and add fix-ins of choice like green pepper, onion, and parsley.
6. Garnish with sea salt and red pepper flakes.